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Clinical vignette

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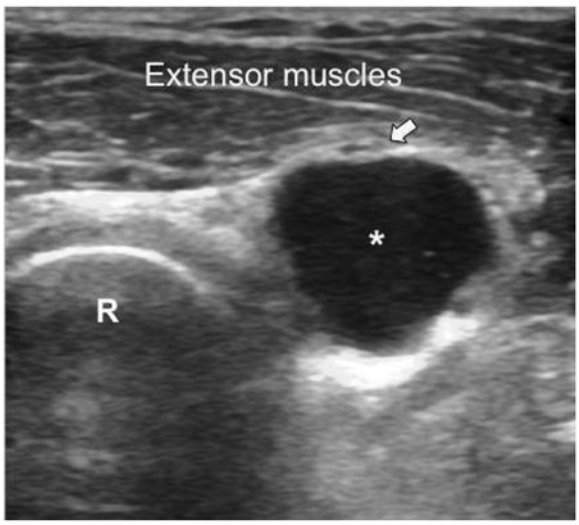
Ultrasonographic diagnosis of posterior interosseous nerve entrapment due to ganglion cyst in a patient with rheumatoid arthritis

A 74-year-old man with RA was seen due to weakness in the fingers of his right hand. He was receiving LEF (20 mg/day) and prednisolone (10 mg/day) treatment. Physical examination showed weakness (1/5) of the finger extensors (drop finger). Laboratory tests yielded increased CRP (6.4 mg/l, normal range 0–3), ESR (56 mm/h, normal range 0–20) and RF (192 IU/ml, normal range 0–14) levels. Electrodiagnostic evaluations were consistent with severe and partial neuropathy of the right posterior interosseous nerve (PIN). US imaging clearly demonstrated a ganglion cyst compressing the PIN (Fig. 1). As the ganglion could not be drained, US-guided intervention was finalized with intralesional betamethasone injection. The patient refused surgery, as his pain (but not weakness) subsided.

FIG. 1 US imaging (axial view) shows an anechoic (ganglion), lobulated cyst (asterisk) compressing the posterior interosseous nerve (white arrow) distal to its branching from the radial nerve at the level of the radial head (R)



A ganglion or synovial cyst is a benign tumour-like mass that usually occurs near the joints or tendon sheaths, most commonly in the wrist and hand [1]. Although they are usually asymptomatic, they can manifest with various complaints, especially if they cause any sort of nerve entrapment [2]. Herein we show that US is a convenient imaging tool for illustrating not only the clinical conditions related to RA (rheumatoid nodules, synovial cysts, etc.) but also secondary/pertinent complications of such manifestations, i.e. peripheral nerve compression.

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